

## LUNCH MENU

Light lunch from 12 - 3pm | \*Dishes served 12 - 5pm daily

### PERFECT TO SHARE

#### "Pinsa" Sourdough Roman focaccia

**Diavola** *Spianata Calabra, nduja, mozzarella cheese, tomato sauce & oregano*

d-g-mu-s-sd 22

**Goats cheese** *Sundried tomato, red onion jam, mozzarella cheese & oregano*

d-g-mu-s-sd 22

### LIGHT LUNCH

**Olives** *Italian green olives marinated with lemon & oregano* ✓

4.5

**Selection of breads** *Homemade artisan breads, and Tarallini pugliesi with Bungay Suffolk butter & extra virgin olive oil* ✓

d-g-sd 7.5

**Minestrone soup** *Seasonal vegetables* ✓

ce-d-e-g-n-s-se 8.75

**\*Lifehouse prawn roll** *King prawns dressed in lightly seasoned mayonnaise, cucumber in a brioche roll with seasoned fries*

ce-e-g-s-sd 18.5

**\*Ciabatta sandwich** *Porchetta ham, Rocket leaves, basil mayonnaise & seasoned fries*

d-e-g-s 18.5

**\*Chickpea & Mozzarella di Bufala bruschetta** ✓ *Chickpea, sun dried tomato, mozzarella on toasted sourdough bread, fresh basil*

d-g-se 18

**\*Roast pepper** *Carignola olive, capers, hummus on flat bread* ✓

g-sd-se 16.5

**Roasted chicken wings** *Marinated in bbq sauce. Served with seasoned fries*

mu-sd 16.5

**Prime steak burger** *On brioche bun with grilled pineapple, rocket & chimichurri. Served with seasoned fries*

d-e-g-mu 24

**Puttanesca** *Classic Italian pasta, olives, capers & cherry tomato* ✓

g-sd 16

*with chicken* 22.5

**Tortellini** *Spinach & ricotta egg pasta, tomato & basil sauce*

ce-d-e-f-g-mu-n-s-sd 18.5

**Fragrant butternut squash cassoulet** *Served with coriander rice* ✓

sd 20

**Niçoise salad** *Mediterranean salad, boiled free-range egg & Dijon dressing*

ce-e-f-mu-sd

*With mackerel* 18.5

*With chicken* 24

All fish dishes may contain bones.

### SIDES

**Seasoned fries** ✓

sd 5.8

**Tomato & red onion salad** ✓

sd 5.8

**Mixed salad leaves with tomato** ✓

mu-sd 5.8

#### Allergens key

c crustaceans | ce celery | d dairy | e eggs | f fish | g gluten | l lupin | m molluscs | mu mustard | n nuts | p peanuts | s soya | sd sulphur dioxide

se sesame seeds | V vegetarian | ✓ vegan - we are unable to guarantee a 100% nut-free preparation environment