


| Sticky chicken wings | 8.00 |
| :---: | :---: |
| Buffalo - with Franks ${ }^{\circ}$ RedHot sauce and drizled with creamy ranch dressing © | 65kcal |
| Thai - smothered in sweet chill and honey sauce | 761 kal |
| Barbecue - hickory smoked barbecue sauce © | 683 kcal |
| Leek and potato soup | 7.00 |
| served with warm crusty bread (\$) | 229kal |
| Crispy salt and pepper squid | 8.50 |
| with a garic and herb aioli dip and a wedge of lemon © | 52keal |
| Loaded nachos | 8.00 |
| topped with nacho cheese sauce, sour cream, suacamole, salsa, ;alapeños and finished with melted cheese | (1) (6) 1124kcal |
| Crushed avocado and roast vine tomato bruschetta | 7.75 |
| drizzed in chill oil and frished with coriander (1) | 595kal |
| Harissa houmous | 8.50 |
| served with warm flatread (6) | 667 kal |
| Freshly made, hand coated halloumi fries | 8.50 |
| served with a sweet chill dipping sauce and sprinkled with coriander (c) | 899kal |
| SALADS |  |
| Classic Caesar | 13.00 |
| baby gem lettue topped with crunchy croutons, Grana Padano shavings and a creamy Caesar dressing | 316kcal |
| Add hot grilled chicken breast | +226kcal 4.95 |
| or grilled halloumi () © | +255kcal 4.00 |
| Nourish bowl | 14.00 |
| baby gem lettuce, rocket and kale topped with vine tomatoes, cucumber, avocado, edamame, red onion, quinoa and brown rice, drizzled in balsamic dressing (®) ©f | 415 kcal |
| Add hot grilled chicken breast © | + 226 kcal 4.95 |
| or grilled halloumi () © | + 2255 ceal 4.00 |
| BURGERS |  |
| Our burgers are served in a brioche style bun with mayonnaise, lettuce, tomato, red onion and gherkin slice with your choice of skin-on-fries +415 kcal or side salad +35 kcal . |  |
| Classic beef | 17.50 |
| topped with crispy bacon and mature Cheddar | 1028 kcal |
| Southern fried chicken | 17.50 |
| crispy coated chicken fillet, crispy bacon, mature Cheddar and hickory smoked barbecue sauce | 977 kcal |
| Garden gourmet | 17.50 |
| juicy plant-based burger, topped with a grilled flat mushroom and spicy tomato salsa (6) | 587kal |


| Chicken schnitzel <br> garlic and parsley butter, rocket, shaved Grana Padano and fries | 17.00 192 kcal |
| :---: | :---: |
| Spicy tomato faralle | 13.50 |
| farfalle pasta, tomato passata, chill flake, garic, vine tomatoes and wilted rocket, topped with grated mozzare | ella (1) 623kcal |
| VE option available (a) | ${ }^{620 \mathrm{kcal}}$ |
| Spinach and ricotta raviol | 15.00 |
| pomodoro and melted mozzarell, served with a side salad topped with balsamic dressing () | 759 kal |
| Smoked haddock, spring onion and mozzarella fishakes | 17.50 |
| served with fine green beans, peas, garlic and herb aioli and a grilled lemon wedge | 667 kcal |
| Asparagus, leek and pea gnocchi | 14.50 |
| pea shoots, Grana Padano and basil oil () | 1016kcal |
| Add hot grilled chicken breast | + 226 kcal 4.95 |
| or grilled halloumi ( ) | +255kcal 4.00 |
| PIZZAS |  |
| Our $12{ }^{\prime \prime}$ pizzas are freshly made and topped with tomato passata and grated cheese. |  |
| Caprese | 14.50 |
| vine and sun blushed tomatoes, riped mozzarella ( ) | 1245 kcal |
| VE option available ( B $^{\text {c }}$ | 1028kcal |
| Pepperoni | 16.00 |
| spicy pepperoni topped with chill flakes | 1298 kcal |
| Spicy meat | 17.00 |
| choriz, pepperoni and pulled barbecue beef, fnished with red onion and jalapeños | 1320 kcal |
| Garden | 16.00 |
| vine tomatoes, red onion, green peppers and a sweet red onion chutrey ( ) | 1209 kcal |
| VE option avaiable (e) | 1126 kca |
| Milano | 17.00 |
| Parma ham, roast fig and Dolcelatte | 1095kcal |

SIDES
Chunky chips © © © ..... 432kel 4.50
Sweet potato fries (1) © ..... 407 kcal 4.50
Beer battered onion rings (c) ..... O2keal 5.00
Mini Caesar salad © ..... 204kcal 4.5
House salad, balsamic dressing (ㄷ) (6) ..... 40kcal 4.50
SANDWICHES
Traditional sandwiches

Chicken and avocado8.75
aked ham and mature Cheddar chees8.50
served with a sweet red onion chutney
s.8.75
Mediterranean tuna ..... 645 kc
Falafel wrap ..... 8.50
nothered in houma.........................8.75
Deli sandwichesThe clut15.50
Classic" triple decker stack of grilled chicken, bacon, egg, tomato, crisyy lettuce and mayoonnaise ..... ${ }_{121 \mathrm{kca}}$
Griled cheese and ham ..... 14.00
Grilled cheese and mushroo ..... 14.00
1303021ourmet fish finger deli roll15.00

